769 771 UMkulumqango or other names for the High God were rare. When questioned they said that such a High God existed and the spirits knew him, but they, the living, did not. The Ngoni phrase, *asiyasi*, 'we do not know', and its Nyanja version, *sitingadziwa*, 'we cannot know', were constantly on their lips in discussions on this topic. Among Christians like Cibambo as well as non-Christians like Nzunga, their interest in the ancestor cult was part of maintaining their identity as Ngoni. The neighbouring tribes had other forms of ancestor cults but the Ngoni form brought from the south was distinctive, and many of the concepts and practices were known to the South-eastern Bantu peoples.

The ritual for a new ancestral spirit

761 775 The Ngoni believed that at the moment of death the spirit left the body. If a sick person fell into a coma and was unconscious for a long time they said that the person had died when the coma began even though they knew he went on breathing. This happened at the death of Bambo Manga when she had periods of unconsciousness before she died. They said that her spirit had left her at the beginning of the last long coma, even though they knew from her pulse and breathing that she was not dead. At the parting of the spirit from the body they had to care for both, in order that the new ancestral spirit might be happy and in the right relationship with the living. Equal importance was attached to caring for the spirit and to caring for the corpse, since the correct performance of ritual had deep significance for the dead and for the living.

763 775 When the spirit left the body it was believed to go to the bush at the outskirts of the village where the person had been accustomed to go to relieve himself. Between the death of Bambo Manga and the burial, each morning before it was light, the men marched with a dancing step up the path to the bush where she was wont to go, singing a war song dating from trans-Zambesi days which was sung at the sending out of the *impi*. Marching to the bush and singing the war song was one step in bringing the spirit back or, more correctly perhaps, keeping in touch with it so that it should not go too far away. This approach to the spirit between the death and burial was the first of three ritual acts, each called 'bringing back the spirit'. The other two occurred after the first and second ritual shaving.

764 The preparation of the corpse for burial has been described in the first chapter of this section. Those features of Ngoni burial were considered essential for the welfare of the spirit, and were carried out in the majority of funerals which I witnessed, whether the dead person was a Christian or not. An account of the burial of a leading *mulumuzana* in the northern kingdom who was a Christian, given to me by another Christian Ngoni and confirmed by some of the missionaries present at the funeral, emphasized all the distinctive Ngoni elements: the round

4: Barnes E-5 (1946-1949)1951 FR5 Ngoni FR5
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her husband's village, the occasion must be recognized in a more elaborate manner. Her husband or his relatives buy her a new cloth. Wearing this cloth she stands at the door of her husband's hut, and is undressed by her husband's grandmother. The old woman rubs castor oil on her abdomen and dresses her again. A small girl from her husband's kin goes with her to her own village, and their arrival there, with the woman dressed in her new cloth, indicates formally to her parents that she is pregnant. They stay at the woman's village for about a week, and then return to her husband's village.[14] Her parents have thus been made socially aware of her pregnancy, and the man can legitimately look to them for help if she becomes ill or fractious.

If the woman does die in childbirth, her husband has to offer a beast to her parents even though they were told of her pregnancy.[15] The husband may confess to adultery when called upon to do so by the midwife, but this does not absolve him from the obligation to pay the beast. Confession absolves him from the charge of having caused the death of his wife by his careless behaviour, but he must still recompense his parents-in-law for the death of their daughter. It is recognized that a woman may die in childbirth despite the absence of adultery during pregnancy or despite full confession of adultery by both the woman and her husband. She dies just because God lets her die, and not because of any human misconduct. Yet she reaches the situation in which there is the danger of death because of her position as the wife of her husband. It is the 'work' of married women to bear children, and it is the 'work' of the husband if his wife dies in childbirth to offer a beast to her parents so that they may mourn their daughter.

5. Quarrels

We see then that a woman is not severed utterly from her own group when she marries, but that her kinsfolk retain an interest in her welfare and have certain rights in her and in her husband. The recognition of these rights by their son-in-law increases his esteem in their eyes, and enables him to appeal to them with confidence when he needs their support. The common interest of all is in the successful maintenance of the marriage, and the mutual recognition of rights and fulfilment of obligations consolidate the social relationships established between people related by marriage. Quarrels threaten the continued existence of the marriage, and it is therefore in the common interest that they should be settled as expeditiously as possible. The intervention of affines in a personal quarrel between husband and wife is characteristic of a system in which most neighbours are kinsfolk and in which the spatial concentration of people into compact villages, where abuse shouted at one

[14] This ceremony is called *ngayi*, which means 'breast-cloth' in Nsenga.
[15] See above, pp. 39f.